

YOUTH REFERRAL RESOURCE GUIDE

Kern County



In an Emergency or Crisis

For assistance in an emergency situation
Dial 911

National Suicide Prevention Lifeline
1-800-273-TALK (8255) (press 1 for veterans; press 2 for Spanish)

Mental Health Crisis Hotline (for Kern County)
1-800-991-5272

Alliance Against Family Violence & Sexual Assault 24 Hour Crisis Hotline
Local: (661) 327-1091
Toll Free: 1-800-273-7713

**Are you currently homeless?
Are you in need of housing?**

Call 2-1-1

24-hours per day to be placed on the Kern County housing list.

Were you ever in foster care (even for 1 day?)

**You may qualify for
The Dream Center!**

The Dream Center is a drop-in center for current/ former foster youth located at: 1801 19th St. Bakersfield. Hours are: Mon.-Fri. 8AM-4:30PM.

Services include: laundry, showers, food, clothing, hygiene supplies, housing assistance, education/ employment/ vocational help, computer center, independent living classes, help applying to public benefits, mental health & substance abuse treatment, case management, and skill building.

Pregnant & Parenting Youth

Planned Parenthood

661-634-1000; www.plannedparenthood.org

Bakersfield Pregnancy Center

661-326-1907; www.wehelpyou.org

WIC (Women, Infants & Children)

1-866-327-3074; <http://www.capk.org/programs/wic/>

Black Infant Health (must be 18+ years)

661-868-0521; <http://kernpublichealth.com/bih/>

Adolescent Family Life Program (Clinica Sierra Vista)

661-324-0293; www.clinicasieravista.org

Perinatal Outreach Program (Public Health)

661-321-3000; www.kernpublichealth.com

Pregnancy Care Center (Ridgecrest)

760-384-2273; www.1iwvisp.com/pcc/

Family Life Pregnancy Center (Tehachapi)

661-823-8255; <http://familylifepc.org/>

Parent Life of Kern County (Youth for Christ)

661-323-9041; yfckern.org

WarmLine

661-323-3531; <http://e-warmline.org/>

Dolores Huerta Foundation (Teen Pregnancy Prevention)

661-322-3033; <http://doloreshuerta.org>

Kern County Public Health Department (immunizations, car seats, safe sleep porta cribs, public health nursing)

1800 Mt. Vernon Ave. Bakersfield, CA

661-321-3000

Sleepy Baby Box Parent Education Center (parenting classes, sleepy baby boxes, clothing & baby care essentials, and food pantry)

3803 Union Ave. Bakersfield, CA

661-479-0029

Dignity Health Learning Center & Outreach Center

661-632-5562

Learning Center: 631 E. California Ave. Bakersfield, CA

- Homework Club
 - Bus passes for medical appointments
 - Emergency food baskets
 - Sack lunches
 - Referrals for food/ clothing/ household items
- Outreach Center: 1627 Virginia Ave. Bakersfield, CA

- After school program
- Breakfast club
- Bus passes for medical appointments
- Dinner Bell
- Emergency food baskets
- Referrals for food/ clothing/ household items
- Baby items

Youth LGBTQ Resources

The Center for Sexuality & Gender Diversity

661-843-7995; <https://www.glcenterbak.org/>

The Trevor Project

Hotline: 1-866-488-7386; Text: "TREVOR" to 1-202-304-1200; Online e-chat: www.thetrevorproject.org

California Rural Legal Assistance, Inc. (LGBT legal services in rural California)

1-831-724-2253; www.crla.org/

LGBT National Help Center

Youth Talkline: 1-800-246-PRIDE (7743)

www.glnh.org

Youth Empowerment Pride Project of Bakersfield (Safe spaces for LGBTQI Youth in Bakersfield and Kern County)

www.facebook.com/YEPPBakersfield

Email: yeppbakersfield@gmail.com

Bakersfield LGBTQ

661-302-4266; <http://www.bakersfieldpride.org>

www.facebook.com/bakolgbtq

Foster Youth (or Former Foster Youth) Resources

The Dream Center (one-stop resource center for current & former foster youth up to 25, which has showers, laundry, computers, basic need items & services).

661-636-4488; kcnc.org

<https://www.facebook.com/dreamcenterkerncounty/>
1801 19th St., Bakersfield, CA (hours: 8AM-4:30PM)

The Housing Authority (Building Blocks: A Housing Program for Foster Youth between ages 18-21).

661-636-4488; must apply/ inquire at the Dream Center (1801 19th St., Bakersfield, CA)

CSU Bakersfield: Guardian Scholars Program (support for college-bound current or former foster youth between 17-24, including assistance with university admissions).

661-654-3215; www.csub.edu/gsp

Kern County Department of Human Services (CPS)

661-631-6819; <https://www.kerncounty.com/dhs/>

Residences at West Columbus (housing for emancipated foster youth; must be active TAY ages 18-21 to be considered).

<https://www.kernha.org/menus/affordable-housing-locations.html> ; to be placed on waitlist contact Kern Behavioral Health & Recovery Services at 661-868-8300

Bakersfield College Foster Youth Liaison

Victoria Koiyan, 661-395-4429

Victoria.koiyan@bakersfieldcollege.edu

1801 Panorama Dr. Bakersfield, CA 93306

Independent Living Program Supervisor (DHS/ CPS) (can assist youth with Transitional Aged Youth Housing, which is the entry point for applications for the Building Blocks Program or THP+)

Robin Chambers, 661-636-4971

chamber@kerndhs.com

Independent Living Program Housing Coordinator (DHS/CPS; stationed at the Dream Center)

Keith Hollins, 661-636-4982

hollink@kerndhs.com

AB-12 Extended Foster Care Supervisor (DHS/ CPS; stationed at the Dream Center) (AB-12 is a stipend of \$952/ month for qualifying former foster youth who are working part time, going to school/ vocational training, completing high school, removing a barrier to employment or unable to work due to a medical condition)

Kelley Fullerton, 661-636-4970

fuller@kerndhs.com

Transitional Housing Services

661-636-4488; apply at the Dream Center (1801 19th St., Bakersfield, CA)

AB-12 Extended Foster Care & Independent Living Skills Programs

661-636-4488; apply at the Dream Center (1801 19th St., Bakersfield, CA)

Bakersfield College Extended Opportunity Program & Services (academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students)

661-395-4351; <https://www.bakersfieldcollege.edu/student/eops>

Foster Youth Services (educational advocacy, assistance with college enrollment, transferring records & transcripts)

661-636-4900; the Dream Center (1801 19th St. Bakersfield, CA)

Valor Residential & Educational Services

(Transitional housing THP+FC & job training/ placement for foster youth between 18 & 21—W child as well; must receive a referral from your DHS social worker or probation officer; or call main office)

661-381-0183

<http://vres-transformers.com>

Foster Youth (or Former Foster Youth) Resources Continued

Aspiranet THP-Plus Foster Care (Transitional aged foster youth housing; must receive a referral from your DHS social worker or probation officer; do not call directly— ask your SW or PO)

<https://www.aspiranet.org/programs/transitional-aged-youth/>

Youth Empowering Success (YES!) (mentorship for foster youth. Students meet regularly, hear from guest speakers on topics relating to foster youth, participate in educational field trips, and are offered advocacy opportunities)

Students may participate in YES! at the following high schools: Bakersfield, Independence, Liberty, North, South, West, Central Valley, Nueva, Tierra Del Sol, Vista & Vista West.

For more information, please contact the Foster Youth Liaison, Michelle Blalock at 661-827-3419.

Transitional Aged Youth (TAY) Mental Health Team through Kern Co. Behavioral Health & Recovery Services (ages 16-25; addresses emotional, housing and physical needs)

TAY Mental Health Supervisor: Brenda Story (661-868-6465); <https://www.kernbhhs.org/children-s-services>

California Youth Connection (a youth-led organization that develops leaders who empower each other and their communities to transform the foster care system through legislative, policy, and practice change)

559-228-4080; <https://calyouthconn.org/>

Foster Care Ombudsman (foster children and youth may call from anywhere in California to express their concerns and complaints; ensures that the voices of foster children and youth are heard/ acts on their behalf; acts as an independent forum for the investigation and resolution of complaints)

1-877-846-1602; Email: fosteryouthhelp@dss.ca.gov

New Life Residential and Training Center (target populations: former foster youth, males 18+, veterans & ex offenders) (programs include 24 hour supervised residential care, case management, access to health/ social services, counseling, substance abuse counseling, academic support, vocational/ employment training & development)

Contact: James Rabuse, Residential Outreach Case Manager, 661-366-8003 or 661-865-4122; <http://newlifetrainingcenter.org>

Kern County Department of Human Services Ombudsman (Monique Hawkins)

661-631-6698

Fax: 661-631-6898

Mailing address:

Kern County Department of Human Services
KCDHS Ombudsman
Monique Hawkins
P.O. Box 511
Bakersfield CA. 93302

Employment

America's Job Center

661-325-HIRE; www.americasjobcenterofkern.com

PG&E Better Together Summer Jobs Program

Contact Boys & Girls Club at 661-325-3730

EPIC Center at the Beale Library (work experience, job search, vocational training & career planning)

Beale Memorial Library, 701 Truxtun Ave., 2nd Floor, Bakersfield, CA

661-868-0820

Mon.-Thurs.: 11AM-6PM; Fri. 10AM-5PM

Bakersfield Adult School Career Resource Department (promotes self-sufficiency through educational and occupational training)

661-835-1855; <https://bas.kernhigh.org/>

Homeless Youth Resources

Blessing Box

Red box filled with food that sits next to parking lot of First Congregational Church at Stockdale Hwy. & Real Rd., Bakersfield, CA

Bakersfield Burrito Project (meals & hygiene items)

661-489-5057; www.facebook.com/BakoBurrito/

The Mission (for meals)

Meals served daily at 6:30AM, 11AM & 5PM

816 E. 21st St., Bakersfield, CA

The Mission (for shelter)

The Mission houses male youth in the regular shelter, if over the age of 18. Youth under the age of 18 can reside in the Mission if they are living with a parent who is enrolled in one of the Mission's substance abuse residential programs.

816 E. 21st St., Bakersfield, CA

Bakersfield Homeless Center (shelter if with a parent or ages 18+; meals open to everyone)

Meals served daily at 4PM

661-322-0426; 1600 E. Truxtun Ave., Bakersfield, CA

St. Vincent de Paul (for meals & showers)

Meals served M-F at 9AM & 12PM; Sat. at 9AM

300 Baker St., Bakersfield, CA

Bakersfield Family Church (for meals)

Meals served every Tuesday from 11AM to 1PM

106 Wilson Ave., Bakersfield, CA

Saint Malachy Catholic Church (for meals)

Meals served M, W, F at 10AM-11:45AM

407 West E. St., Tehachapi, CA

DC: Dream Center (food boxes, clothing, hygiene products, community resources & transportation)

661-885-9765; www.dreamcenterbakersfield.com

520 Union Ave., Bakersfield, CA

Transitional Living (Youth for Christ of Kern County) (ages 18-25; must be in school full time; must be involved in YFC programs such as life skills classes)

Contact Terri at 661-213-7211; http://yfckern.org/ministries/transitional_living/

New Life Residential and Training Center (target populations: former foster youth, males 18+, veterans & ex offenders) (programs include 24 hour supervised residential care, case management, access to health/social services, counseling, substance abuse counseling, academic support, vocational/ employment training & development)

Contact: James Rabuse, Residential Outreach Case Manager, 661-366-8003 or 661-865-4122; <http://newlifetrainingcenter.org>

Flood Bakersfield Ministries (homeless outreach street team)

661-323-5663; www.floodbako.com

Youth with Disabilities

Independent Living Center of Kern County
(empowering people with disabilities to live as independently as they can)

661-325-1063; www.ilcofkerncounty.org

CA Department of Rehabilitation: California Youth Leadership Forum (yearly program for high school juniors & seniors)

1-855-894-3436; Email: YLF@dor.ca.gov

<http://www.dor.ca.gov/YLF/index.html>

Kern Regional Center (community based services & supports for individuals with developmental disabilities that began before age 18).

661-327-8531; www.kernrc.org

CA Department of Rehabilitation: Student Services Program (job exploration counseling, work experience, education counseling, work readiness, self advocacy training)

661-395-2546

4925 Commerce Dr. Suite 150, Bakersfield, CA

Educational Resources

Kern Literacy Council (free tutoring, including for GED preparation)

661-324-3213; www.kernliteracy.org

CSU Bakersfield: Guardian Scholars Program
(support for college-bound current or former foster youth between 17-24, including assistance with university admissions)

661-654-3215; www.csub.edu/gsp

Kern Community Foundation (scholarships & College Success Program)

661-325-5346; <http://www.kernfoundation.org/students/scholarships/>

EPIC Center at the Beale Library (work experience, job search, vocational training & career planning)

Beale Memorial Library, 701 Truxtun Ave., 2nd Floor, Bakersfield, CA

661-868-0820

Mon.-Thurs.: 11AM-6PM; Fri. 10AM-5PM

Youth 2 Leaders Education Foundation (pre-college camps & scholarships)

661-374-8817; <http://www.y2lef.org/>

Bakersfield College Foster Youth Liason

Victoria Koiyan, 661-395-4429

Victoria.koiyan@bakersfieldcollege.edu

1801 Panorama Dr. Bakersfield, CA 93306

National Migrant Education Hotline

1-800-234-8848; Text: 1-607-434-2626

CA Department of Rehabilitation: Student Services Program (job exploration counseling, work experience, education counseling, work readiness, self advocacy training)

661-395-2546

4925 Commerce Dr. Suite 150, Bakersfield, CA

Bakersfield College Extended Opportunity Program & Services (academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students)

661-395-4351; <https://www.bakersfieldcollege.edu/student/eops>

Foster Youth Services (educational advocacy, assistance with college enrollment, transferring records & transcripts)

661-636-4900; the Dream Center (1801 19th St. Bakersfield, CA)

Bakersfield Adult School (GED prep, high school diploma classes, independent study, English as a second language, job training & adult basic education; must be 18 or older)

661-835-1855; <https://bas.kernhigh.org/>

Greater Bakersfield Legal Assistance's Education Law Unit (help with bullying, expulsions/suspensions, etc. in schools)

Direct line: 661-321-3991; www.gbla.org

California Rural Legal Assistance (Education Law Unit for Delano, Arvin & Shafter areas)

[Www.crla.org](http://www.crla.org)

Youth Runaway & Human Trafficking Resources

National Runaway Safeline (crisis intervention & Greyhound bus tickets)

1-800-RUNAWAY; www.1800runaway.org; text: 66008

National Human Trafficking Hotline

1-888-373-7888; www.humantraffickinghotline.org;
text: "HELP" or "INFO" to 233733

Alliance Against Family Violence & Sexual Assault

In partnership with Kern Coalition Against Human Trafficking
661-322-0931

Alliance 24 Hour Crisis Hotline:

Local: 661-327-1091

Toll Free: 1-800-273-7713

Youth Mental Health

Kern Behavioral Health & Recovery Services

661-868-6750 (youth number); www.kernbhhrs.org

Henrietta Weill Memorial Child Guidance Clinic

661-322-1021; www.hwmcgc.org

College Community Services (outside of Bakersfield)

www.ccs.kern.com (look on website for individual location's phone numbers)

Clinica Sierra Vista Behavioral Health

661-397-8755; www.clinicasierravista.org

Alliance Against Family Violence & Sexual Assault

Child Abuse Treatment Program (CHAT)

Ages 17 years and under

1921 19th St. Bakersfield, CA 93301

661-322-0931; M-F 8:30AM-5:30PM

www.kernalliance.org

Mentoring Programs

Wendale Davis Foundation

661-493-0275; www.wendaledavisfoundation.org

Kern County Project 180 (youth gang prevention)

661-631-6600; www.kernproject180.org

Boys & Girls Club of Kern County

661-325-3730; <http://www.bgclubsofkerncounty.org>

Kern Dance Alliance (SHINE for girls in middle school)

661-491-5376; <http://kerndance.org>

Kern Co. Sheriff's Dept. Activities League

661-868-1504; <http://kcsal.com/>

Youth for Christ Kern County

661-323-9041; <http://yfckern.org>

New Life Residential and Training Center (target populations: former foster youth, males 18+, veterans & ex offenders) (programs include 24 hour supervised residential care, case management, access to health/social services, counseling, substance abuse counseling, academic support, vocational/ employment training & development)

Contact: James Rabuse, Residential Outreach Case Manager, 661-366-8003 or 661-865-4122; <http://newlifetrainingcenter.org>

Garden Pathways (comprehensive mentoring/case management services for youth at Mira Monte and Arvin High School, comprehensive mentoring/case management services for adults 18+, and preschool and infant care) 1616 29th Street, Bakersfield, CA 93301; 661-633-9133

Domestic Violence, Abuse & Sexual Assault

Kern County Child Protective Services

(661) 631-6011 (Countywide)
(760) 375-6049 (Ridgecrest)
(Report 24 hours per day, 7 days per week)

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

Alliance Against Family Violence & Sexual Assault

1921 19th St., Bakersfield, CA 93301
661-322-0931; M-F 8:30AM-5:30PM
www.kernalliance.org

Alliance 24 Hour Crisis Hotline:

Local: 661-327-1091

Toll Free: 1-800-273-7713

Alliance Child Abuse Treatment Program (CHAT):

Ages 17 years and under

661-322-0931

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673); www.rainn.org

Women's Center High Desert (Ridgecrest)

<http://womenscenterhighdesert.org/>

Domestic Violence Hotline: 760-375-7525

Sexual Assault/ Abuse Hotline: 760-375-0745

Child Abuse Prevention: 760-375-7100

Family Justice Center (for help with family violence & sexual assault)

Crisis Hotline: 1-800-273-7713

Walk-in hours are Mon.-Fri. from 8:30am-3pm

Address: 2101 Oak St., Bakersfield, CA 93301

www.kernfjc.com

Bakersfield American Indian Health Project Domestic Violence Prevention Initiative (DVPI) (must be a registered American Indian/ Alaskan Native)

661-327-4030; <https://www.bakersfieldaihp.net/>

Greater Bakersfield Legal Assistance's Domestic Violence Law Unit

661-325-5943; www.gbla.org

Youth Substance Abuse Services

Clinica Sierra Vista SAMHSA Program (Health Care for the Homeless)

661-322-7580; www.clinicas ierravista.org

Teen Challenge International (residential treatment facilities & drug prevention/ education programs)

661-399-2273; www.teenchallenge.org

Ala-teen (support groups for teens whose lives have been affected by someone else's drinking; groups are available in person & e-chats are available online)

Www.al-anon.org

Bakersfield American Indian Health Project Mehtamphetamine Suicide Prevention Initiative (MSPI) (must be a registered American Indian/ Alaskan Native)

661-327-4030; www.bakersfieldaihp.net

Kern Stop Meth Now (youth prevention)

855-662-6384; www.kernstopmethnow.com

Tabitha House Ministries, Inc. (residential sober living program that houses clients & their families)

5741 E. Texas St., Bakersfield, CA 93307; 661-637-1982

Kern County Behavioral Health & Recovery Services Adolescent Treatment Team (outpatient treatment)

866-266-4898; www.kernbh.rs.org

The Salvation Army Adult Rehabilitation Center (free 6-month alcohol/ drug inpatient rehab for males over 21)

661-325-8626; Email: brian.austin@usw.salvationarmy.org

The Mission (Recovery programs for both men & women over 12. The program is 18-months & includes 6-months of transitional housing. The Women & Children's Program allows mothers to have their children with them— girls up to age 17 & boys up to age 11.)

661-325-0863; 816 E. 21st St., Bakersfield, CA

Additional Resources

Dignity Health Learning Center & Outreach Center

661-632-5562

Learning Center: 631 E. California Ave. Bakersfield, CA

- Homework Club
- Bus passes for medical appointments
- Emergency food baskets
- Sack lunches
- Referrals for food/ clothing/ household items

Outreach Center: 1627 Virginia Ave. Bakersfield, CA

- After school program
- Breakfast club
- Bus passes for medical appointments
- Dinner Bell
- Emergency food baskets
- Referrals for food/ clothing/ household items
- Baby items

Greater Bakersfield Legal Assistance, Inc. (civil legal issues, including homeless & education law units)

661-325-5943; <http://www.gb.la.org/>

2-1-1 (CAPK)

Dial 2-1-1 to be provided with information & referrals to a variety of services in Kern County. The referral directory is also available online at capk.org.

Bakersfield Pet Food Pantry

Free pet food distribution on 2nd & 4th Fridays of the month from 10AM-12PM at 4500 Shepard St. Ste. B-1, Bakersfield, CA; 661-369-1222

Bike Bakersfield

Receive a free bicycle in exchange for 12 volunteer hours. 661-321-9248; <https://www.facebook.com/BikeBakersfield/>

California Veterans' Assistance Foundation (for military veterans)

661-829-5908; <http://www.cavaf.org/>

GET bus

661-869-2GET (2438); <https://www.getbus.org/>
