



MTSS Supports

DUSD is a MTSS (Multi-Tiered Systems of Support) district that focuses on supporting the whole child through academics, social, emotional, and behavior supports with the help of family and community engagement, administrative leadership, integrated educational framework, and inclusive policy and practices.

California MTSS is designed to help districts and schools realign their current services under a comprehensive MTSS umbrella (see Figure). MTSS comprises three tiers of support: Tier (1) universal supports designed to improve academic, behavioral, and social-emotional outcomes for all students; Tier (2) supplemental supports for students who need additional support, and Tier (3) intensified supports for students with the greatest needs.

MENTAL HEALTH SUPPORT

DUSD has established a Mental Health Team that includes academic counselors (AC), school social workers (SSW), school psychologist (SP), a marriage and family therapist (MFT), and several district administrators. The focus of the team is provide student and families at each site support in the area of SEL (Social Emotional Learning) with strategies to maintain good mental health and academic success.

Each school site has a team that includes site administration, a social worker, a school psychologist, a marriage and family therapist, and an academic counselor (*middle school only*). *Below is a list of some of the services the team members provide.*

Academic Counselors (AC):

Academics: Provide interventions and support services to students to meet their academic goals and graduation requirements

Parent Engagement: Inform parents of students academic standing, regarding grades, test scores, and graduation status

College and Career: Prepare and educate students and parents of post-secondary educational opportunities available to students

School Social Worker (SSW):

Community/School Liaison: Advocating for new and improved community/school services to meet the needs of students and families

Services to Students: Providing crisis intervention and developing intervention strategies to increase academic success

Services to Parents/Guardians: Alleviating family stress to enable the child to function more effectively in school and community by utilizing school and community resources

School Psychologist (SP):

Assist students in achieving academic, social, emotional, and behavior success through individual or small group settings

Administer psychological, cognitive, academic processing, visual processing, auditory processing, and behavior assessments testing

Provide social, emotional behavioral consultation and support to families, parents, teachers, and administrators

Collaborate/consult during Student Assistance Team (SAT) and Individualized Education Program (IEP) to identify classroom interventions/ strategies/ goals necessary to assist student, teacher and parent/guardian

Marriage and Family Therapist (MFT):

Provide mental health therapy and interventions (including crisis intervention services)

Teach and promote positive coping skills to alleviate various mental health symptoms (depression, anxiety, grief, trauma, etc.)

Identify and assist students in addressing social emotional and mental health barriers to learning and identifying strategies to help overcome those challenges

Provide clear and concise therapeutic interventions parent/guardian can implement at home to promote positive mental health

DUSD supports the whole-child for the greatest success!