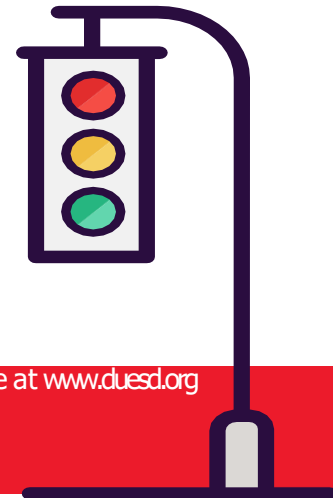


As of March 14, 2022, quarantine and isolation requirements have changed in schools.

# What do I do if my child has...



Learn more at [www.duesd.org](http://www.duesd.org)

## A Positive COVID-19 Test



Stay Home  
from School  
for at Least 5  
Days

Following a positive COVID-19 test, individuals must isolate at home for at least 5 days\*. A person may leave isolation and return to work or school on day 6 so long as:

- Symptoms are resolved or improving, and the person has been without a fever for at least 24 hours
- The person had a verified negative test\*\* for COVID-19 on day 5 or later
- If a negative test is not obtained or if a fever is still present, the individual must isolate from school through day 10

## COVID-19 Symptoms

COVID-19 Symptoms Include:

Cough | Congestion/Runny nose | Difficulty breathing | Sore throat  
Nausea/vomiting/diarrhea | Loss of taste/smell | Headache  
Fatigue/muscle or body aches | Fever over 100 degrees

Individuals with COVID-19 symptoms must stay at home until:

- Symptoms are gone or improving and the individual has been at least 24 hours without a fever
- 10 days have passed since symptoms started, OR
- A medically-verified negative COVID-19 test is provided, OR
- A healthcare provider has provided documentation to the school that the symptoms are typical of an underlying, chronic condition, and the individual has been at least 24 hours without a fever, and symptoms are improving.



Stay Home  
Until  
Symptoms  
Resolved

## Been Exposed to COVID-19

Stay at School



Anyone exposed to COVID-19 can stay at school regardless of vaccination status or prior COVID-19 infection. Monitor for symptoms and continue to attend school and school activities.

\* Day zero is the day symptoms started, or if asymptomatic but positive for COVID-19, day zero is the day of the positive test.

\*\* Any FDA approved COVID-19 test that has been verified by a medical practitioner or administered through a DUSD testing site. Information about testing sites offered by your local school is available from your child's school office.

