

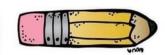
#### **Breakfast Menu**



Teaching

... is a work of hear











Monday	Tuesday	Wednesday	Thursday	Friday
29 First Day of School Cheerios Vanilla Bear Crackers Raisins Fruit Juice	30 WG Blueberry Muffin Fruit Juice Petite Banana	31 WG Banana Bread Slice Craisins Fruit Juice	1 WG Pancakes Maple Syrup Strawberry Fruit Cup Turkey Bacon Slice Seasonal Fruit	2 Mini Powdered Donuts Fruit Juice Petite Banana
5 Banana Bread Slice Raisins Fruit Juice	6 Pancake Sausage Stick Maple Syrup Fruit Juice Petite Banana	7 Cinnamon Toast Cereal Bar Vanilla Bear Crackers Strawberry Applesauce Seasonal Fruit	8 Egg/Cheese Breakfast-Burrito Craisins Seasonal Fruit	9 Strawberry Cream Cheese Mini Bagels Fruit Juice Petite Banana
12 WG Chocolate Chip Muffin Craisins Seasonal Fruit	13 WG Pancakes Maple Syrup Strawberry Fruit Cup Turkey Bacon Slice Petite Banana	14 Rice Chex Cereal Vanilla Bear Crackers Strawberry Apple Crisps Seasonal Fruit	15 Cinnamon Buns Fruit Juice Seasonal Fruit	16 Trix Cereal Chocolate Bear Crackers Fruit Juice Petite Banana
19 Chicken & WG Waffles Maple Syrup Craisins Seasonal Fruit	20 Egg/Cheese Breakfast Burrito Fruit Juice Petite Banana	21 Chocolate Mini Donuts Fruit Juice Raisins	Turkey/Sausage Breakfast Pizza Seasonal Fruit Strawberry Apple Crisps	23 WG Chocolate Chip Muffin Fruit Juice Petite Banana
26 WG Coffee Cake Strawberry Gogurt Fruit Juice Strawberry Apple Crisps	27 Crazy Berry Parfait Cinnamon Bug Bites Crackers Petite Banana	28 Lucky Charms Cereal Craisins Seasonal Fruit	29 WG Blueberry Muffin Fruit Juice Fresh Fruit	30 Cinnamon Buns Fruit Juice Petite Banana

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Choice of 1% Milk or Fat Free Milk Offered Daily











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Monday	Tuesday	Wednesday	Thursday	Friday
29 Corn Dog (Chicken) Tater Tots Veggie Snackers- Chile Lime Carrots Mustard, Ketchup Seasonal Fruit	Bacon Cheeseburger (Turkey Bacon) Mayonnaise, Ketchup Fresh Baby Carrots Fresh Lettuce w/ Sliced Tomato Seasonal Fruit	31 Taco Nada Pocket Steamed Corn Fresh Baby Carrots & Celery Sticks Seasonal Fruit	1 French Bread Cheese Pizza Mixed Vegetables Crisp Romaine Salad Ranch Dressing Seasonal Fruit	2 Chicken Teriyaki w/ Brown Rice & Steamed Broccoli Fresh Edamame Seasonal Fruit
5 Chicken Strips Potato Wedges BBQ Sauce, Ketchup Veggie Snackers- Chile Lime Carrots Seasonal Fruit	6 Grilled Cheese Sandwich Baked Beans Fresh Baby Carrots Seasonal Fruit	7 Beef Rib Sandwich Crisp Romaine Salad Ranch Dressing Fresh Baby Carrots Seasonal Fruit	8 Super Nachos (Beef) Tostitos Scoops Chips Sliced Jalapenos Steamed Corn Fresh Cucumber Slices Tajin Seasoning Seasonal Fruit	9 Chicken Sandwich–Elem. Spicy Chicken Sandwich Mayonnaise Fresh Lettuce w/ Sliced Tomato Broccoli & Cheese Seasonal Fruit
12 Pull Apart Cheese Bread Marinara Sauce Fresh Edamame Seasonal Fruit	13 Macaroni & Cheese Baked Beans Fresh Baby Carrots Seasonal Fruit	14 Chicken Tamale Refried Beans w/ Cheese Crisp Jicama Sticks Seasonal Fruit	Galaxy Pepperoni Pizza (Turkey Pepperoni) Crisp Romaine Salad Ranch Dressing Fresh Cucumber Slices Tajin Seasoning Seasonal Fruit	Breaded Chicken- Drumstick Creamy Mashed Potatoes Steamed Corn Cornbread Muffin Seasonal Fruit
19 Chile Verde Bean & Cheese Burrito Tapatio Taco Sauce Steamed Corn Fresh Baby Carrots Seasonal Fruit	Chicken Posole Tostitos Scoops Chips Lemon Juice Packet Tapatio Taco Sauce Crisp Shredded Cabbage Seasonal Fruit	Prench Bread Pepperoni Pizza (Turkey Pepperoni) Veggie Snackers- Chile Lime Carrots Crisp Romaine Salad Ranch Dressing Seasonal Fruit	Grilled Chicken Club Sandwich Mayonnaise Fresh Lettuce w/ Sliced Tomato Fresh Cucumber Slices Tajin Seasoning Seasonal Fruit	Orange Chicken w/ Brown Rice & Steamed Broccoli Fresh Edamame Seasonal Fruit
Pepperoni Pizza Bagel (Turkey Pepperoni) Mixed Vegetables Veggie Snackers- Chile Lime Carrots Seasonal Fruit	Beef & Bean Red Chili Burrito Tapatio Taco Sauce Steamed Corn Fresh Baby Carrots Seasonal Fruit	28 Beef & Cheese Doritos Walking Taco Tapatio Sauce Shredded Lettuce & Diced Tomatoes Fresh Cucumber Slices Seasonal Fruit	Turkey & Cheese Pretzel Bun Sandwich Broccoli & Cheese Fresh Celery Sticks Seasonal Fruit	30 Beef & Cheese Lasagna Crisp Romaine Salad Ranch Dressing Fresh Edamame Garlic Bread Stick Seasonal Fruit





# July/August 2023







Monday	Tuesday	Wednesday	Thursday	Friday
29 WG Cinnamon Bug Bites Crackers String Cheese	30 Strawberry Gogurt WG Honey Graham Crackers	31 WG Scooby Doo Crack- ers Fresh Apple	1 WG Chocolate Bear Crackers Fruit Juice	2 WG Honey Graham Crackers Fresh Pear
5 WG Vanilla Bear Crackers String Cheese	6 WG Cheez Its Crackers Fresh Pear	7 WG Cinnamon Bug Bites Crackers Fruit Juice	8 WG Chocolate Chip Muffin Fruit Juice	9 WG Chocolate Bear Crackers Fresh Apple
12 WG Garden Salsa Sunchips Fruit Juice	13 WG Blueberry Muffin Top FF Milk	14 WG Vanilla Bear Crackers Strawberry/Banana Yogurt	15 WG Honey Graham Crackers Fresh Apple	16 WG Cinnamon Bug Bites Crackers Fruit Juice
19 WG Chocolate Bear Crackers' Fruit Juice	20 WG Garden Salsa Sunchips String Cheese	21 WG Scooby Doo Crackers Fruit Juice	22 WG Blueberry Muffin Top FF Milk	23 WG Cheez Its Crackers Fresh Apple
26 WG Cinnamon Toast Crunch Cereal FF Milk	27 WG Goldfish Crackers Fruit Juice	28 WG Cinnamon Bug Bites Crackers Fruit Juice	29 WG Honey Graham Crackers Orange Juice	30 WG Scooby Doo Crackers String Cheese





## Supper Menu



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Monday	Tu¢sday	Wødnøsday	Thursday	Friday
29 WG Pull Apart Cheese Bread Marinara Sauce Seasonal Fruit	30 WG Pepperoni Pizza Slice WG Galaxy Pepperoni Pizza (Turkey Pepp) Fresh Broccoli Florets & Baby Carrots Ranch Dressing Seasonal Fruit	31 WG Double Dogs (Chicken) Mustard Fresh Cucumber Slices Seasonal Fruit	1 WG Turkey Ham & Cheese Croissant Sandwich Veggie Snackers- Chile Lime Carrots Seasonal Fruit	2 WG Chicken Nuggets BBQ Sauce Fresh Baby Carrots Seasonal Fruit
5 WG Xtreme Bean & Cheese Burrito Salsa Cup WG Tostitos Scoops Chips Seasonal Fruit	6 WG Pepperoni Pizza Slice WG Galaxy Pepperoni Pizza (Turkey Pepp) Fresh Broccoli Florets & Baby Carrots Ranch Dressing Seasonal Fruit	7 WG Taco Nada Pocket Fresh Cucumber Slices Tajin Seasoning Seasonal Fruit	8 WG All American Burger (Beef) Mustard, Ketchup Potato Fries Seasonal Fruit	9 WG Cheese Pizza Sliders Fresh Baby Carrots Seasonal Fruit
12 WG Cheeseburger Minis Veggie Snackers- Chile Lime Carrots Seasonal Fruit	WG Pepperoni Pizza Slice WG Galaxy Pepperoni Pizza (Turkey Pepp) Fresh Broccoli Florets & Baby Carrots Ranch Dressing Seasonal Fruit	14 WG Beef & Cheese Taco Stick Salsa Cup WG RF Doritos Chips Seasonal Fruit	15 WG Corn Dog (Chicken) Mustard Fresh Baby Carrots Seasonal Fruit	WG French Bread Pepperoni Pizza (Turkey Pepperoni) Fresh Celery Sticks Ranch Dressing Seasonal Fruit
19 WG Double Dogs Mustard Baked Beans Seasonal Fruit	20 WG Pepperoni Pizza Slice WG Galaxy Pepperoni Pizza (Turkey Pepp) Fresh Broccoli Florets & Baby Carrots Ranch Dressing Seasonal Fruit	21 WG Taco Nada Pocket Tapatio Taco Sauce Fresh Baby Carrots Seasonal Fruit	WG Pull Apart Cheese Bread Marinara Sauce Seasonal Fruit	23 WG Turkey Ham & Cheese Croissant Sandwich Veggie Snackers-Chile Lime Carrots Seasonal Fruit
26 WG Beef & Cheese Taco CrispUps String Cheese WG Tostitos Scoops Chips Salsa Cup Seasonal Fruit	27 WG Pepperoni Pizza Slice WG Galaxy Pepperoni Pizza (Turkey Pepp) Fresh Broccoli Florets & Baby Carrots Ranch Dressing Seasonal Fruit	28 WG All American Burger Mustard, Mayonnaise Fresh Lettuce w/ Sliced Tomato Power Punch Veg. Juice Seasonal Fruit	29 WG Chicken Nuggets – BBQ Sauce WG Honey Siracha Boneless Wings– Middle Schools Baby Carrots Seasonal Fruit	30 WG Tamale (Chicken) String Cheese Cucumber Slices Tajin Seasoning Seasonal Fruit



Menu is subject to change